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# **A Long Look at Law Of Attraction!**

Many times, we struggle through life needlessly simply because we do not understand how the Law of Attraction operates in our lives. This universal law is based upon the belief derived from quantum physics that proves the entire universe is made from energy and we live in the midst of it.

We are not separated from the universe and this energy, we are all one with it. We can control it with our thoughts. No matter what you want, if you can focus your thoughts on it, it will come to you because of this law.

The law of attraction works like the law of gravity. Regardless of whether you are good or bad, if you jump off the roof, you will hit the ground each time. It works the same with the law of attraction whether you are using negative or positive thought patterns. When you focus on the things you do not want, you will only get more of them. This can include cycles of bad relationships, debt, and poverty and so on.

Once you realize the law works like that, you can see why it is so important to keep control of your thoughts and think positive things. Focus on what you want in life rather than your problems. So if you want to attract money to you so you can buy a new home, keep your thoughts focused on how great you will feel once you own your new home. Don't waste time worrying about how you will come up with the money or you will be stuck in a loop of always worrying about the money. Focus on your desired results instead.

Right now, feel your desires being your reality. Think the thoughts and feel the emotions of living in your new home. The energy you send out with these thoughts and feelings will attract the house to you. Always be open about the way the house comes into your life. Do not put any limitations on how you get it.

A common mistake so many people make is that they approach the law with a sense of lack or need, especially when it comes to money. If money is short and you need to attract it to pay your bills, you can't focus on the lack, worry, need, or desperation. Only think about your bills being paid in full on time and visualize how great this makes you feel.

Another mistake people run into when working with the Law of Attraction, is that they try to figure out how it will all work out. All you have to do is decide upon the object of your desire, and then hold positive thoughts and feelings about it. The universe will figure out how to go about bringing it to you, often in unexpected ways.

That sounds simple enough, what goes up, comes down and what goes out, cycles around. However, you will have to be watchful and listen to the universe when it inspires you to take action. Taking action when you are using the law of attraction and being aware of ideas and nudges along the way is essential.

So if the universe sends you opportunities to make more money, you have to act upon those ideas and seize the opportunities in order to actually make the money you are trying to attract. Of course, you also need good judgment and the ability to determine if something feels right. You should keep an open mind and expect the universe to arrange events and opportunities that will help you.

When using the law of attraction, show gratitude for what you already have in your life. For instance, this may be your children, your health, your home, your job or any thing else, show gratitude for it now. Being thankful for your life as it is now is wise. By using the law of attraction in the past, you have created your reality as it is by your thoughts and feelings.

You created your life as you experience it right now by your previous thoughts and feelings about it. You get what you give. If you feel sad and unhappy now, the best thing to do is change the way you think and feel. Think and feel what you want to attract into your life and then continue doing it as much as possible. Your positive energy will drive away any negative energy to create a better reality.

By keeping your thoughts positive, you are creating a better future for yourself. Always remember, the universe will send you experiences that reflect what you are thinking right now.

You can also find this article published on [A Long Look at Law Of Attraction!](#), and on the tag pages [law of attraction](#).