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All You Could Ever Hope For With Law Of Attraction

Many times, we struggle through life needlessly simply because we do not understand how the Law of Attraction operates in our lives. This universal law is based upon the belief derived from quantum physics that proves the entire universe is made from energy and we live in the midst of it.

We are at one with the universe, not separate from it. We can use this energy to get what we want in life by manipulating it with our thoughts. Focusing your thoughts brings your desires into reality, it doesn't matter how big or how small your desires are. As long as you can control your thoughts, you will get what you want.

The same holds true for the negative thoughts you have. If you constantly think about how in debt you are or how lousy your relationships are, you are destined to receive more of the same. It works a lot like the Law of Gravity. It doesn't matter what kind of person you are, if you leap from a roof, you will plummet to the ground. The Law of Attraction works in a similar predictable way.

It makes sense then that you should try to hold positive thoughts in your mind as much as possible and release the negative ones. Focus on what you want in life rather than worrying about how you are going to get it. So if you want to buy a new home, you may think you should focus on attracting money. However, when you think about money you probably worry about where it will come from or believe it will never happen. Those thoughts will come true if you focus on them, so think about your new home instead. Imagine how happy you will be living in it.

Right now, feel your desires being your reality. Think the thoughts and feel the emotions of living in your new home. The energy you send out with these thoughts and feelings will attract the house to you. Always be open about the way the house comes into your life. Do not put any limitations on how you get it.

Too many people unknowingly manipulate the law from a position of lack. If you need money to pay your bills, you think about your need with a feeling of lack and desperation. Your thoughts are of need, lack, want, drowning in debt. This will only bring you more of the same. Instead, you should focus on your bills being paid in full and how great that makes you feel.

Another mistake people run into when working with the Law of Attraction, is that they try to figure out how it will all work out. All you have to do is decide upon the object of your desire, and then hold positive thoughts and feelings about it. The universe will figure out how to go about bringing it to you, often in unexpected ways.

That sounds simple enough, what goes up, comes down and what goes out, cycles around. However, you will have to be watchful and listen to the universe when it inspires you to take action. Taking action when you are using the law of attraction and being aware of ideas and nudges along the way is essential.

For the example of money, the law could send you ideas on good opportunities to make money. When you have the ideas, you need to act on them or you won't get anywhere. That doesn't mean you don't need to use common sense and use good judgment, but you should be open to guidance from the universe and make sure a decision feels right to you.

Gratitude is important when working with the Law of Attraction so you draw more experiences towards you to be thankful for. It might be your kids, home, health, or job. You have attracted your blessings to you as a result of your previous thoughts through the Law of Attraction.

Take a look at your life right now. It is a result of the way you thought in the past. If you are not satisfied with your life, it is time to change your thoughts. Try to hold positive thoughts and emotions to the best of your ability and expect your conditions to improve.

Positive thoughts create a better future. If you want your life to improve, improve your thoughts. Keep in mind, the universe is busy at this moment creating experiences for you that reflect your thoughts right now.

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