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# **Benefiting From the Principles of Law Of Attraction**

Whether or not you understand the law of attraction, you make it happen. It is your thoughts and feelings that decide whether you reach your goals or make your dreams come true. Quantum physics already tells us that we are all parts of the universe and its system of energy.

We are at one with the universe, not separate from it. We can use this energy to get what we want in life by manipulating it with our thoughts. Focusing your thoughts brings your desires into reality, it doesn't matter how big or how small your desires are. As long as you can control your thoughts, you will get what you want.

However, the law works both ways. If you constantly think negative thoughts, you will bring negative things into your life. So if you dwell on your poverty, debt, or relationship problems, you are sure to get more of the same. The Law of Attraction is precise, just like the Law of Gravity. It doesn't matter if you think good thoughts or bad thoughts, or if you are a good person or bad person. If you jump off a building, you will hit the ground every time. The Law of Attraction works in the same detached but predictable way.

Considering this, makes sense to drive out negative thoughts with positive thoughts, words and actions. Do not focus on things you do not want. Rather focus more intently on the things you do want. For instance, you want to attract money to you, because you want to buy a new house. Then you should focus thoughts on what it feels like to be living in it already. Do not focus on the money. Focus on being in your new home.

How will you feel when you are living in your nice, new home? Will you feel proud, happy, and safe? Experience those emotions now. Stay focused on those good feelings and you will attract your dream home to you. You may do it by coming into money or a totally different method could open up for you.

Many times people use this law with the emotions and feelings of lack and deficiency. For instance, feeling indebted and desperate to pay bills people may try to attract money. However, they fret and worry about being in debt and needing money. This is negative energy focusing on lack of funding and the feelings involved with needing money. You will do much better by focusing on the thoughts and feelings of relief of already paying the bills. Feel this now visualize it. Feel the relief of having no bills to pay.

Another common mistake is to try and figure out how the Law of Attraction is going to bring your wishes to you. The "how" part of it is up to the universe. Your job is to simply decide on what you want and then maintain positive feelings and thoughts. The universe will then go about figuring out how to get it to you.

However, that doesn't mean you don't have to do anything. You have to take action to reach your goals but when you work with the Law of Attraction, you will be taking inspired action thanks to the nudges and ideas the universe puts in your path.

For instance, while trying to attract money, money making opportunity ideas may start coming to you. You must act on these inspirational ideas when your heart tells you they are the right things to do. However, do not take up every idea that comes your way. You will know the universe has sent you an opportunity when it feels right.

Gratitude is important when working with the Law of Attraction so you draw more experiences towards you to be thankful for. It might be your kids, home, health, or job. You have attracted your blessings to you as a result of your previous thoughts through the Law of Attraction.

Your life in the present is a direct reflection of the emotions and thoughts you held in the past. Therefore, if your life is not as you want it to be, you need to take control of your thoughts and focus more on positive feelings and thoughts or you will continue to create an unhappy life.

By keeping your thoughts positive, you are creating a better future for yourself. Always remember, the universe will send you experiences that reflect what you are thinking right now.

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