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# **Benefiting From the Principles of Law Of Attraction**

Thoughts and desires determine all goals and their attainment. Some people think them out of reach. This is only because the understanding of the universal law in the law of attraction, escapes them. Simple quantum physics explain we all are parts of the universal energy system.

We are part of the whole universe and not separate from it. Our thought patterns are part of the universal flow. We put energy in and then manifest it into our reality. Anything you can imagine, large or small, you have because of this law. No matter what you want, you will get it. It works that way each time.

The same holds true for the negative thoughts you have. If you constantly think about how in debt you are or how lousy your relationships are, you are destined to receive more of the same. It works a lot like the Law of Gravity. It doesn't matter what kind of person you are, if you leap from a roof, you will plummet to the ground. The Law of Attraction works in a similar predictable way.

You can drive away anything negative by using positive thoughts, feelings, actions and words. Focus more intently on the things you do want rather than focusing energy into negative things. For instance, you want to move and so you want to attract money into your life for a new house. You can get it by focusing thoughts and feelings on being in your new home already. Focus energy on the thoughts and feelings of being in your new house rather than on the money to get it.

What kind of feelings would you have? Would you feel happy? Would you feel proud? Feel those emotions now and every time you think about your new home, and you will attract it to you. You might create an opportunity to get the money for your home, or some other way might open up.

Too many people unknowingly manipulate the law from a position of lack. If you need money to pay your bills, you think about your need with a feeling of lack and desperation. Your thoughts are of need, lack, want, drowning in debt. This will only bring you more of the same. Instead, you should focus on your bills being paid in full and how great that makes you feel.

When it involves the law of attraction, do not think you can figure all the details out by yourself. This is not how it happens. You make it happen, when you figure out the details of what you want and then focus your thoughts and feelings on having it already. This law works this way. The universe gives to you, what you give to it. Stay open, while allowing the universe decides how you get what you want.

Just don't think that means you can sit back and not take action. The law works through you. The Law of Attraction will give you inspiration and nudges towards the right actions you should take to achieve your dreams.

For instance, various moneymaking ideas may come to you when you want to attract money. Pay attention to the universe and listen to your heart when opportunities present themselves. Be aware that there may also be opportunities arise that are not, the best choice. Remember, opportunities that the universe sends to you will have a good feeling, choose those that feel right.

It is a good idea to always show gratitude for what you have when you are working with the Law of Attraction. A grateful heart will open the door for more experiences to be grateful for. You can be thankful for your health, job, children, pets, and your home. You should also realize you have these blessings because of your past thoughts and the law at work.

Your life in the present is a direct reflection of the emotions and thoughts you held in the past. Therefore, if your life is not as you want it to be, you need to take control of your thoughts and focus more on positive feelings and thoughts or you will continue to create an unhappy life.

Positive thoughts create a better future. If you want your life to improve, improve your thoughts. Keep in mind, the universe is busy at this moment creating experiences for you that reflect your thoughts right now.

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