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# **Creating Law Of Attraction and Changing Your Life**

Thoughts and desires determine all goals and their attainment. Some people think them out of reach. This is only because the understanding of the universal law in the law of attraction, escapes them. Simple quantum physics explain we all are parts of the universal energy system.

We are not separated from the universe and this energy, we are all one with it. We can control it with our thoughts. No matter what you want, if you can focus your thoughts on it, it will come to you because of this law.

The same holds true for the negative thoughts you have. If you constantly think about how in debt you are or how lousy your relationships are, you are destined to receive more of the same. It works a lot like the Law of Gravity. It doesn't matter what kind of person you are, if you leap from a roof, you will plummet to the ground. The Law of Attraction works in a similar predictable way.

It makes sense then that you should try to hold positive thoughts in your mind as much as possible and release the negative ones. Focus on what you want in life rather than worrying about how you are going to get it. So if you want to buy a new home, you may think you should focus on attracting money. However, when you think about money you probably worry about where it will come from or believe it will never happen. Those thoughts will come true if you focus on them, so think about your new home instead. Imagine how happy you will be living in it.

What kind of feelings would you have? Would you feel happy? Would you feel proud? Feel those emotions now and every time you think about your new home, and you will attract it to you. You might create an opportunity to get the money for your home, or some other way might open up.

Many times people use this law with the emotions and feelings of lack and deficiency. For instance, feeling indebted and desperate to pay bills people may try to attract money. However, they fret and worry about being in debt and needing money. This is negative energy focusing on lack of funding and the feelings involved with needing money. You will do much better by focusing on the thoughts and feelings of relief of already paying the bills. Feel this now visualize it. Feel the relief of having no bills to pay.

Another common mistake is to try and figure out how the Law of Attraction is going to bring your wishes to you. The "how" part of it is up to the universe. Your job is to simply decide on what you want and then maintain positive feelings and thoughts. The universe will then go about figuring out how to get it to you.

Just don't think that means you can sit back and not take action. The law works through you. The Law of Attraction will give you inspiration and nudges towards the right actions you should take to achieve your dreams.

If you want to make more money, the universe will send you inspiration and opportunities for earning more income. You have to act upon those ideas in order to benefit from them. But you should use good common sense as well. Think about how an idea makes you feel and be open to the idea the universe sent it to you to help you reach your goal.

Showing gratitude for what you already have in your life is one of the best ways to get the law of attraction to work for you. Be thankful for all the things in your life including your health, home, children or job. Offer the thankful thoughts and feelings to the universe. Remember, the life you experience right now is the reality you created by using the law of attraction.

You created your life as you experience it right now by your previous thoughts and feelings about it. You get what you give. If you feel sad and unhappy now, the best thing to do is change the way you think and feel. Think and feel what you want to attract into your life and then continue doing it as much as possible. Your positive energy will drive away any negative energy to create a better reality.

Positive thoughts create a better future. If you want your life to improve, improve your thoughts. Keep in mind, the universe is busy at this moment creating experiences for you that reflect your thoughts right now.

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