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# **Law Of Attraction Secrets And The Universal Consciousness**

Many times, we struggle through life needlessly simply because we do not understand how the Law of Attraction operates in our lives. This universal law is based upon the belief derived from quantum physics that proves the entire universe is made from energy and we live in the midst of it.

We are not disconnected from the universe; instead we are at one with it. The way you control this energy to manifest your dreams into reality is to use your thoughts to direct it. This law will give you whatever you can imagine. It doesn't matter how big it is. If you can focus your thoughts on what you want, the law will bring it to you.

The law of attraction works like the law of gravity. Regardless of whether you are good or bad, if you jump off the roof, you will hit the ground each time. It works the same with the law of attraction whether you are using negative or positive thought patterns. When you focus on the things you do not want, you will only get more of them. This can include cycles of bad relationships, debt, and poverty and so on.

Once you realize the law works like that, you can see why it is so important to keep control of your thoughts and think positive things. Focus on what you want in life rather than your problems. So if you want to attract money to you so you can buy a new home, keep your thoughts focused on how great you will feel once you own your new home. Don't waste time worrying about how you will come up with the money or you will be stuck in a loop of always worrying about the money. Focus on your desired results instead.

Allow yourself to feel the emotions of experiencing living in the house. Feel those emotions feel them right now. These are your desires. You will attract that house when you focus your energy of thoughts and emotions on having your home sweet home. Stay open to the house coming to you in some form or another, whether money is required to have it or not.

Individuals who are overwhelmed with negative energy often approach this law. They feel nervous, anxious and deprived in some way. For instance, some may worry desperately about being in debt and paying bills and then want to attract money. Their thoughts and feelings are full of negativity because of a lack of funding. This needing only creates more. Whereas, focusing thoughts and feelings on already having the bills paid and not being in debt will make it a reality. Right now, visualize yourself, feel and think about what it is like to be debt free with no desperate need of money.

Another mistake people run into when working with the Law of Attraction, is that they try to figure out how it will all work out. All you have to do is decide upon the object of your desire, and then hold positive thoughts and feelings about it. The universe will figure out how to go about bringing it to you, often in unexpected ways.

Just don't think that means you can sit back and not take action. The law works through you. The Law of Attraction will give you inspiration and nudges towards the right actions you should take to achieve your dreams.

For the example of money, the law could send you ideas on good opportunities to make money. When you have the ideas, you need to act on them or you won't get anywhere. That doesn't mean you don't need to use common sense and use good judgment, but you should be open to guidance from the universe and make sure a decision feels right to you.

Showing gratitude for what you already have in your life is one of the best ways to get the law of attraction to work for you. Be thankful for all the things in your life including your health, home, children or job. Offer the thankful thoughts and feelings to the universe. Remember, the life you experience right now is the reality you created by using the law of attraction.

Your life in the present is a direct reflection of the emotions and thoughts you held in the past. Therefore, if your life is not as you want it to be, you need to take control of your thoughts and focus more on positive feelings and thoughts or you will continue to create an unhappy life.

Positive thoughts create a better future. If you want your life to improve, improve your thoughts. Keep in mind, the universe is busy at this moment creating experiences for you that reflect your thoughts right now.

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