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# Law of Attraction: You Make It Happen

If you are struggling to make headway in life and realize your dreams, maybe it's because you don't fully understand how the Law of Attraction operates in your life. This is a universal law that has its roots in quantum physics which states the universe is composed of energy that we are all a part of.

We are not disconnected from the universe; instead we are at one with it. The way you control this energy to manifest your dreams into reality is to use your thoughts to direct it. This law will give you whatever you can imagine. It doesn't matter how big it is. If you can focus your thoughts on what you want, the law will bring it to you.

The same holds true for the negative thoughts you have. If you constantly think about how in debt you are or how lousy your relationships are, you are destined to receive more of the same. It works a lot like the Law of Gravity. It doesn't matter what kind of person you are, if you leap from a roof, you will plummet to the ground. The Law of Attraction works in a similar predictable way.

You can drive away anything negative by using positive thoughts, feelings, actions and words. Focus more intently on the things you do want rather than focusing energy into negative things. For instance, you want to move and so you want to attract money into your life for a new house. You can get it by focusing thoughts and feelings on being in your new home already. Focus energy on the thoughts and feelings of being in your new house rather than on the money to get it.

How will you feel when you are living in your nice, new home? Will you feel proud, happy, and safe? Experience those emotions now. Stay focused on those good feelings and you will attract your dream home to you. You may do it by coming into money or a totally different method could open up for you.

Don't make the mistake of trying to use the law when you are feeling desperate or in need or you will get more of the same. If money is short and debt is piling high, don't dwell on the feeling of needing money or being broke. Instead, visualize all of your bills paid on time and how good and lighthearted that makes you feel.

Another mistake people run into when working with the Law of Attraction, is that they try to figure out how it will all work out. All you have to do is decide upon the object of your desire, and then hold positive thoughts and feelings about it. The universe will figure out how to go about bringing it to you, often in unexpected ways.

However, that doesn't mean you just sit back and expect the law to drop your wishes into your lap. You have to take action to bring about your desires, but when you work with the Law of Attraction, you will get nudges and ideas that will lead you to take inspired action towards your goals.

So if the universe sends you opportunities to make more money, you have to act upon those ideas and seize the opportunities in order to actually make the money you are trying to attract. Of course, you also need good judgment and the ability to determine if something feels right. You should keep an open mind and expect the universe to arrange events and opportunities that will help you.

Gratitude is important when working with the Law of Attraction so you draw more experiences towards you to be thankful for. It might be your kids, home, health, or job. You have attracted your blessings to you as a result of your previous thoughts through the Law of Attraction.

Your life in the present is a direct reflection of the emotions and thoughts you held in the past. Therefore, if your life is not as you want it to be, you need to take control of your thoughts and focus more on positive feelings and thoughts or you will continue to create an unhappy life.

Create the future you want by doing this. Send this positive energy into the universe, and it will send your future to you, just as you are thinking and feeling it now.

You can also find this article published on [Law of Attraction: You Make It Happen](#), and on the tag pages [law of attraction](#).