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Learn Abundance For A Great Life!

Do you feel as if you are focusing all of your time and efforts on just getting through each day and surviving? That your dreams have disappeared and you are lost in a maze of obligations? If so, you are not alone. The concept of manifesting is a new technique that can help you find your way out of the maze and into the light. It is an outlook on life, a concept and perspective that can teach you to see the abundance that exists right in front of you, right now. It is not necessary for you to 'settle' while your dreams slip further and further out of sight.

If you are new to the concept of manifesting it may help you to think of it as a way of thinking and a way of living rather than a set of techniques to follow as most self-help manuals provide. Manifesting is about finding our way through the maze of these difficult times to take hold of our own lives and goals.

Far too often people settle for what they don't really want. Very early in life they make decisions that are not based on the dreams and goals. When they encounter obstacles they become discouraged and begin to relinquish their childhood hopes and dreams. Life is full of difficulties and compromise is often essential, but compromise does not mean you cannot continue to work toward the fulfillment of your dreams and manifest your hopes and aspirations. Persistence is required. Thomas Edison, the founder of the light bulb, would not have achieved his goals with stubborn persistence. We might still be living in the dark!

Everyone must be realistic and understand we have to live in this modern world. People are required to work hard, follow the rules and pay the bills. Nevertheless, this society has become so fragmented that dreams are hard to keep a hold of. Everyone is expected to have just one area of expertise.

But can you learn it?

As noted earlier, manifesting is a process and it begins with asking ourselves what it is we want to manifest in our lives. This is not always easily answered. First, we must assess our lives and ourselves honestly. Are we doing what we want to be doing? Or are we just doing what we think we're supposed to do, or what is expected of us? If you find that you are doing only what you think you need to do or have to do, then it is time to make a change, particularly in your outlook.

We become immersed in all the tiny details of life and end up leaving us feeling confused. We feel muddled and uncertain of the meaning of it all. Day after day we put all of our energy into surviving and we forget how to even visualize our dreams and hopes. Manifestation is a tool that can help pull you out of the muck and mire of this confusion.

Manifestation can help us see things more clearly. In the maze and confusion of modern life we all could use clarification. After all we spend our days going to grocery stores that offer us hundreds of options. It is not a choice between three kinds of cereals, but hundreds. In college we must not only choose from hundreds of majors, we must choose specialties as well. And when we finally get our degree we find ourselves facing more career choices than our brain can filter through.

All of these career options lead many Americans to simply choose a path that offers the most money. After all, they reason, if I make money, then the rest will take care of itself. Sadly, this is not how it works. Most end up much later in life feeling lost when they realize that money is not the answer. Money may seem like the answer, particularly when we are young. But it is not. Chasing the almighty dollar can leave you feeling empty and lost.

Manifesting requires that we focus on our dreams, not our failures. The more we focus on our mistakes, the less clearly we can see our hopes and dreams and true desires, and the more difficult it is to achieve them. It is essential to think positively and to have confidence in our dreams and abilities. It doesn't matter whether your dreams are personal or professional, it is imperative to believe you can achieve them.

Manifesting is an easy process.

*Decide exactly what you want, personally and professionally.

*Keep a positive attitude by keeping your eye on the successes.

*You must act on what you have decided you want. You must take the risks necessary to move toward your goal.

These methods contain a simple message in the end and that is you should never be satisfied with the status quo. We again borrow from the great Thomas Edison who believed a satisfied man was a man who had failed. Edison knew that the human being had to constantly be striving to fulfill their goals. He not only said it, he lived it his entire life. He understood too that life has ups and downs, success and failure, as well as agony and joy. Satisfaction, to his mind, was just another word for indifference. Edison strived his entire life for more and so you should as well.

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