

File Created by [Blogging Rebirth](#) WP Plugin

The Amazing Benefits of Law Of Attraction

If you are struggling to make headway in life and realize your dreams, maybe it's because you don't fully understand how the Law of Attraction operates in your life. This is a universal law that has its roots in quantum physics which states the universe is composed of energy that we are all a part of.

We are at one with the universe, not separate from it. We can use this energy to get what we want in life by manipulating it with our thoughts. Focusing your thoughts brings your desires into reality, it doesn't matter how big or how small your desires are. As long as you can control your thoughts, you will get what you want.

The same holds true for the negative thoughts you have. If you constantly think about how in debt you are or how lousy your relationships are, you are destined to receive more of the same. It works a lot like the Law of Gravity. It doesn't matter what kind of person you are, if you leap from a roof, you will plummet to the ground. The Law of Attraction works in a similar predictable way.

It makes sense then that you should try to hold positive thoughts in your mind as much as possible and release the negative ones. Focus on what you want in life rather than worrying about how you are going to get it. So if you want to buy a new home, you may think you should focus on attracting money. However, when you think about money you probably worry about where it will come from or believe it will never happen. Those thoughts will come true if you focus on them, so think about your new home instead. Imagine how happy you will be living in it.

Right now, feel your desires being your reality. Think the thoughts and feel the emotions of living in your new home. The energy you send out with these thoughts and feelings will attract the house to you. Always be open about the way the house comes into your life. Do not put any limitations on how you get it.

A common mistake so many people make is that they approach the law with a sense of lack or need, especially when it comes to money. If money is short and you need to attract it to pay your bills, you can't focus on the lack, worry, need, or desperation. Only think about your bills being paid in full on time and visualize how great this makes you feel.

Another mistake you want to avoid is trying to use the Law of Attraction to determine how you will get what you want. The 'how' part is up to the universe, not you. You only need to settle on what you want and keep your thoughts and feelings firmly planted on that. The universe will then set about bringing it to you in the best way.

However, that doesn't mean you don't have to do anything. You have to take action to reach your goals but when you work with the Law of Attraction, you will be taking inspired action thanks to the nudges and ideas the universe puts in your path.

For instance, various moneymaking ideas may come to you when you want to attract money. Pay attention to the universe and listen to your heart when opportunities present themselves. Be aware that there may also be opportunities arise that are not, the best choice. Remember, opportunities that the universe sends to you will have a good feeling, choose those that feel right.

Showing gratitude for what you already have in your life is one of the best ways to get the law of attraction to work for you. Be thankful for all the things in your life including your health, home, children or job. Offer the thankful thoughts and feelings to the universe. Remember, the life you experience right now is the reality you created by using the law of attraction.

Your life in the present is a direct reflection of the emotions and thoughts you held in the past. Therefore, if your life is not as you want it to be, you need to take control of your thoughts and focus more on positive feelings and thoughts or you will continue to create an unhappy life.

When you do this and continue to do it, you can create any type of future you want. Focus on sending your positive thoughts and feelings into the universe and it will send you the future you are thinking of and feeling about right now.

You can also find this article published on [The Amazing Benefits of Law Of Attraction](#), and on the tag pages [law of](#)

[attraction.](#)