

File Created by [Blogging Rebirth](#) WP Plugin

# **Understanding Why Abundance Should Be part Of Your Life**

Have you heard of the relatively new creative process called manifesting? Here we will discuss this concept and ask the question can people learn abundance. All around us there is abundance and manifesting is about embracing that fact. When you are getting everything possible out of life and not merely surviving, you are living in abundance. This can seem difficult because many times the people in your life have lower expectations of you. There is a highly adaptable set of techniques which means this process can be tailored to fit just about anybody's needs.

Think of manifesting as a new life philosophy, particularly if you are new to the idea. This is better than believing it to be a series of techniques or self-help tips. What boils is down to is this, manifesting means achieving all of your professional and personal goals in spite of the confusing times.

Today you will see way too many people settling for just enough to get by far too soon in life. Life dishes out a set back or two and the next thing you know their life goals are blowing in the breeze. Dreams and lofty pursuits drift further and further away until they appear unreachable. You know it is true that life can throw you a curve ball or two but if you want abundance dig in your heels and refuse to quit like Thomas Edison for example. He faced endless obstacles and likely ridicule but he was relentless in his pursuit of the light bulb. You might even say the man was a bit obsessive about creating illumination.

There is no question that in order to survive we must work and pay our bills. However, the huge advances in technology in recent decades have driven us toward greater and greater specialization. We are becoming a society of small fragments and 'niches'. We are so focused on minutiae we have lost our ability to dream.

However, can you learn Abundance?

Manifesting, like most things worth doing, is a process that takes time and attention. First and foremost you must ask yourself, 'What do I want to manifest in my life?' It is never easy to look at ourselves closely, but if you want to achieve abundance in your life it is necessary. Look at your life and its circumstances carefully. Are you doing what you want or only what you feel you have to do? If each day is just a matter of survival, then it's time to look more closely at your choices and make some changes in your outlook.

We become immersed in all the tiny details of life and ends up leaving us feeling confusing. We feel muddled and uncertain of the meaning of it all. Day after day we put all of our energy into surviving and we forget how to even visualize our dreams and hopes. Manifestation is a tool that can help pull you out of the muck and mire of this confusion.

The modern age begs for clarification and manifesting is the tool that can help clarify many things in life. You may be asking why this world is suddenly so confusing. It is in the vast number of choices you are asked to make, sometimes daily. Picture your favorite supermarket; now wander down the cereal aisle. There are literally a hundred different kinds of breakfast to choose from. Next, you go off to college only to again be confronted with thousands of majors to choose from and once you graduate the myriad of choices continue, as there are about a thousand professions, jobs or careers you qualify for.

Americans fail to ask themselves questions like these for many varied reasons but the end result is the same, failed future. Many believe they can simply work really hard to make more money while happiness and all the rest will take care on its own. It will be much later in life when the light bulb goes on and they realize money did not solve anything. They are unsatisfied and unfulfilled because most of the time money will only serve the needs of those around you.

A big part of manifesting are confidence and positive thinking, as they are for many areas of life. Knowing what you want in your mind is not enough; it must be followed by a gut level belief that you can achieve any goal. Personal or professional it does not matter; the idea is to believe you can have whatever you set your mind towards. Would you like to make this easier on yourself? Keep out the negative thought processes, accentuate the positive and completely forget the negative! Concentrating on where you have missed the mark or been defeated is counterproductive to success. In fact, it will cloud your vision until you can no longer see your dreams or goals at all.

The bottom line is manifesting can be simple.

\*Decide what you really want.

\*Keep a positive perspective and center your attention on your successes.

\*Take steps to bring your dreams to reality. Take the risks necessary to make them happen.

The message is quite simple: Do not be content with the status quo, especially if you are not living your dream life, and who is? Thomas Edison understood what was necessary to obtain his dreams. 'Show me a thoroughly satisfied man and I will show you a failure' he said. He understood that life was not always easy and that there would always be ups and downs, successes and failures, and perseverance and commitment to our dreams is what is needed to make life worth living.

You can also find this article published on [Understanding Why Abundance Should Be part Of Your Life](#)