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Why Should You Use Law Of Attraction?

Many times, we struggle through life needlessly simply because we do not understand how the Law of Attraction operates in our lives. This universal law is based upon the belief derived from quantum physics that proves the entire universe is made from energy and we live in the midst of it.

We are at one with the universe, not separate from it. We can use this energy to get what we want in life by manipulating it with our thoughts. Focusing your thoughts brings your desires into reality, it doesn't matter how big or how small your desires are. As long as you can control your thoughts, you will get what you want.

The same holds true for the negative thoughts you have. If you constantly think about how in debt you are or how lousy your relationships are, you are destined to receive more of the same. It works a lot like the Law of Gravity. It doesn't matter what kind of person you are, if you leap from a roof, you will plummet to the ground. The Law of Attraction works in a similar predictable way.

Once you realize the law works like that, you can see why it is so important to keep control of your thoughts and think positive things. Focus on what you want in life rather than your problems. So if you want to attract money to you so you can buy a new home, keep your thoughts focused on how great you will feel once you own your new home. Don't waste time worrying about how you will come up with the money or you will be stuck in a loop of always worrying about the money. Focus on your desired results instead.

How will you feel when you are living in your nice, new home? Will you feel proud, happy, and safe? Experience those emotions now. Stay focused on those good feelings and you will attract your dream home to you. You may do it by coming into money or a totally different method could open up for you.

Many times people use this law with the emotions and feelings of lack and deficiency. For instance, feeling indebted and desperate to pay bills people may try to attract money. However, they fret and worry about being in debt and needing money. This is negative energy focusing on lack of funding and the feelings involved with needing money. You will do much better by focusing on the thoughts and feelings of relief of already paying the bills. Feel this now visualize it. Feel the relief of having no bills to pay.

The biggest mistake you can make is thinking you can work it all out for yourself, when it comes to using the law of attraction. Many people do this, so unfortunately it is common. The good news is all you have to do is determine the details of what you want and then focus on the emotions and thoughts of having it and this law will work for you. You decide what you want and then the universe decides how you get it.

Just don't think that means you can sit back and not take action. The law works through you. The Law of Attraction will give you inspiration and nudges towards the right actions you should take to achieve your dreams.

If you want to make more money, the universe will send you inspiration and opportunities for earning more income. You have to act upon those ideas in order to benefit from them. But you should use good common sense as well. Think about how an idea makes you feel and be open to the idea the universe sent it to you to help you reach your goal.

When using the law of attraction, show gratitude for what you already have in your life. For instance, this may be your children, your health, your home, your job or any thing else, show gratitude for it now. Being thankful for your life as it is now is wise. By using the law of attraction in the past, you have created your reality as it is by your thoughts and feelings.

It is your previous thoughts and emotions that have created your reality as you are now experiencing it. You are living the residual influence of your inner world. If you are suffering from unhappiness, change your thoughts and feelings. Think and feel what you want too, and then keep thinking and feeling it as much as possible. Remember, positive drives away negative.

By keeping your thoughts positive, you are creating a better future for yourself. Always remember, the universe will send you experiences that reflect what you are thinking right now.

You can also find this article published on [Why Should You Use Law Of Attraction?](#), and on the tag pages [law of attraction](#).